

TREATMENT MENU - MESSAGES

AROMATHERAPY MASSAGE

This full-body massage uses a blend of essential oils that are absorbed into the body via inhalation and through the skin. Choose a revitalising or relaxing combination for the ultimate sensory massage experience.

£92.00 – 60 minutes

INDIAN HEAD MASSAGE

This treatment focuses on the upper body. The scalp, face, neck, shoulders, arms and upper back to release physical and emotional stress, promoting peace, mental clarity and enhancing relaxation.

£72.00 – 45 minutes

DEEP TISSUE MASSAGE

Focuses on the deeper layers of muscles and connective tissues. Often pressure points are used to help release chronic muscle tension, making this extremely helpful for severe aches and pains.

£120.00 – 60 minutes

AROMA DE-STRESS

Selected aromatherapy essential oils are used to relieve tension in the back, neck, shoulders and backs of the legs. This is a calming massage, soothing tense muscles and promoting better sleep.

£92.00 – 45 minutes

REFLEXOLOGY

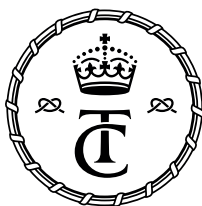
Following the principle that energy travels through the body along pathways known as meridians, reflexology focuses on stimulating pressure points in the feet. It can be an aid to relaxation, stimulating your circulatory system and redressing imbalances to restore wellbeing.

£78.00 – 50 minutes

BACK, NECK & SHOULDER MASSAGE

Need a little 'pick-me-up'? The therapist will gently roll over tight muscles to relieve tension and discomfort in these stress-holding areas.

£68.00 – 30 minutes



TREATMENT MENU - FACIALS

PRESCRIPTION MASSAGE

During this bespoke facial, you'll be invited to fully unwind while your skin receives personalised care. Your treatment begins with a thorough cleanse and exfoliation, followed by a deeply relaxing facial massage and a nourishing masque.

As you drift into a state of relaxation, enjoy a soothing neck and shoulder massage before your treatment is completed with a refreshing toner and moisturiser, leaving your skin feeling refreshed, hydrated and beautifully revitalised.

£100.00 – 60 minutes

DE-STRESS FACIAL

Designed to melt away tension from head to toe, this deeply relaxing treatment begins with a soothing back, neck, and shoulder massage, helping to ease stress and release muscular tension.

We then turn our attention to your skin with a deep cleanse and gentle exfoliation, leaving it feeling fresh, smooth, and renewed. The treatment continues with a nourishing masque, allowing you to completely switch off and unwind.

Finished with a refreshing toner and moisturiser, this is the perfect treatment for those looking to relax, restore, and leave feeling

£105.00 – 60 minutes

Terms & Conditions

Treatments are booked with a local, independent vendor of Thornbury Castle and are therefore subject to availability, we recommend booking in advance of arrival.

Cancellations within 24 hours of arrival will result in the full charge.

Prices are subject to change as per vendor rates.